**CURRICULUM VITA**

**Richard Glenn Tedeschi, Ph.D.**

**Professor Emeritus, Department of Psychological Science, UNC Charlotte**

**Distinguished Chair, Boulder Crest Institute for Posttraumatic Growth**

**EDUCATION**

B.A., Psychology, cum laude, Syracuse University, 1972.

Ph.D., Clinical Psychology, Ohio University, 1976.

**PROFESSIONAL POSITIONS**

Clinical Psychology Intern, Department of Psychiatry, and Instructor, Department of Psychology, University of North Carolina at Chapel Hill, 1975-76.

Visiting Professor, University of Newcastle Upon Tyne (England), 1987.

Lecturer, 1976-78; Assistant Professor, 1978-83; Associate Professor, 1983-1998, Professor, 1998-2018, University of North Carolina at Charlotte.

Distinguished Chair, Boulder Crest Institute for Posttraumatic Growth, Bluemont, VA, 2018-present

**TEACHING EXPERIENCE**

Undergraduate Courses:

Psychology of Personality

Abnormal Psychology

Seminar in Human Adaptation

Psychology of Trauma and Loss

Graduate Courses:

Ethics and Professional Issues

Introduction to Psychological Treatment

Topics in Personality and Social Psychology

Topics in Treatment: Integrative Psychotherapy

Practicum in Clinical Psychology: Individual supervision of field placements of over 200 students at various sites, including Veterans Affairs Medical Center; NC Department of Corrections; Carolinas Medical Center; UNC Charlotte Counseling Center; Presbyterian Hospital-Charlotte, Wake Forest University Medical Center

Graduate Thesis: Service as Chair of thesis or committee member on over 100 projects.

Doctoral Dissertations: Chair and members of committees within UNC Charlotte program and external committee member on dissertations completed at universities in Australia, Canada, Hong Kong, Portugal, and USA.

**PUBLICATIONS**

Wright, T. L., & Tedeschi, R. G. (1975). Factor analysis of the Interpersonal Trust Scale. *Journal of Consulting and Clinical Psychology, 43*, 470-477.

Arbuthnot, J. A., Tedeschi, R. G., Wayner, M., Turner, J., Kressel, S., & Rush, R. (1977). The induction of sustained recycling behavior through the foot-in-the-door technique. *Journal of Environmental Systems, 6,* 353-366.

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Siegfried, W. D., Tedeschi, R. G., & Cann, A. (1982). The generalizability of attitudinal correlates of proenvironmental behavior. *Journal of Social Psychology, 118*, 287-288.

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Calhoun, L. G., & Tedeschi, R.G. (1991). Perceiving benefits in traumatic events: Some issues for practicing psychologists. *The Journal of Training and Practice in Professional Psychology, 5*, 45-52.

Tedeschi, R.G., & Hamilton, K. (1991). Support group experiences of bereaved fathers. *Thanatos, 16,* 25-28.

Tedeschi, R.G., & Calhoun, L.G. (1993). Using the support group to respond to the isolation of bereavement. *Journal of Mental Health Counseling, 15*, 47-54.

Tedeschi, R.G. (1993). Psychotherapeutic goals and techniques. In F. N. Magill (Ed.) *Survey of social science: Psychology* (pp. 1996-2001). Pasadena, CA: Salem Press.

\*Allen, B.G., Calhoun, L.G., Cann, A., & Tedeschi, R.G. (1993-94). The effect of cause of death on responses to the bereaved: Suicide compared to accident and natural causes. *Omega, 28,* 39-48.

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Tedeschi, R.G., & Calhoun, L.G. (1995). *Trauma and transformation: Growing in the aftermath of suffering*. Thousand Oaks, CA: Sage.

Tedeschi, R.G. (1996). Support groups for bereaved adolescents. In C. A. Corr & D.E. Balk (Eds.), *Handbook of adolescent death and bereavement.* (pp. 293-311). New York: Springer.

Tedeschi, R.G., & Calhoun, L.G. (1996). The Posttraumatic Growth Inventory: Measuring the positive legacy of trauma. *Journal of Traumatic Stress, 9,* 455-471.

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Tedeschi, R.G. (1999). Respect for the grieving child and adolescent. *Death Studies, 26,* 85-89.

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\*Vishnevsky, T., Cann, A., Calhoun, L. G., Tedeschi, R. G., & Demakis, G.J. (2010).  Gender differences in self-reported posttraumatic growth: A meta-analysis.  *Psychology of Women Quarterly*, 34, 96–106.

Tedeschi, R. G., & Calhoun. L. G. (2010). A surprise attack, a surprise result: Posttraumatic growth through expert companionship. In G.W. Burns (Ed.). *Happiness, healing, enhancement: Your casebook collection for applying positive psychology in therapy.* (pp. 226-236). Hoboken, NJ: Wiley.

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Cann, A., Calhoun, L. G., Tedeschi, R. G., & \*Solomon, D. T. (2010). Posttraumatic growth and depreciation as independent experiences and predictors of well-being. *Journal of Loss and Trauma*, *15,* 151-166.

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\*Orejuela-Dávila, A. I., Cann, A., & Tedeschi, R. G. (2017). Alexithymia predicts posttraumatic growth and distress after trauma. *Journal of Loss and Trauma, 22(3*), 171-182.

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Tedeschi, R. G., \*Blevins, C. L., & \*Riffle, O. M. (2017). Posttraumatic growth: A brief history and evaluation. In M. A. Warren, S. I. Donaldson, M. A. Warren, S. I. Donaldson (Eds.), *Scientific advances in positive psychology*(pp. 131-163). Santa Barbara, CA: Praeger/ABC-CLIO.

Tedeschi, R., \*Orejuela-Davila, A.I., & Lewis, P. (2018). Posttraumatic growth and continuing bonds. In D. Klass & E.D. Steffen (Eds.), *Continuing bonds in bereavement: New directions for research and practice.* (pp. 31-42). New York: Routledge.

Ramos, C., Costa, P. A., Rudnicki, T., Marôco, A. L., Leal, I., Guimarães, R., & ... Tedeschi, R. G. (2018). The effectiveness of a group intervention to facilitate posttraumatic growth among women with breast cancer. *Psycho-Oncology, 27(1),* 258-264.

Tedeschi, R. G., Shakespeare-Finch, J., Taku, K., & Calhoun, L.G. (2018). *Posttraumatic growth: Theory, research, and applications.* New York: Routledge.

Armstrong, L. M., \*Basquin, C., & Tedeschi, R. (2018). Posttraumatic growth and resilience. In J. D. Osofsky & B. M. Groves (Eds.), *Violence and trauma in the lives of children: Prevention and intervention., Vol. 2.* (pp. 51–72). Santa Barbara, CA: Praeger/ABC-CLIO.

Ramos, C., Leal, I., Costa, P. A., Tapadinhas, A. R., & Tedeschi, R. G. (2018). An item-level analysis of the Posttraumatic Stress Disorder Checklist and the Posttraumatic Growth Inventory and its associations with challenge to core beliefs and rumination. *Frontiers in Psychology*, *9*. <https://doi.org/10.3389/fpsyg.2018.02346>

Blevins, C. L., \*Greene, T. C., & Tedeschi, R. G. (2019). Identifying and facilitating posttraumatic growth in military personnel. In B. A. Moore & W. E. Penk (Eds.), *Treating PTSD in military personnel: A clinical handbook., 2nd ed.* (pp. 415–430). New York, NY: Guilford Press.

\*Orejuela-Dávila, A. I., Levens, S. M., \*Sagui-Henson, S. J., Tedeschi, R. G., & Sheppes, G. (2019). The relation between emotion regulation choice and posttraumatic growth. *Cognition and Emotion*. <https://doi.org/10.1080/02699931.2019.1592117>

Tedeschi, R.G., Moore, B.A., Falke, K., & Goldberg, J. (2020). *Transformed by trauma: Stories of posttraumatic growth.* Bluemont, VA: Boulder Crest.

**PRESENTATIONS**

Wright, T. L., & Tedeschi, R. G. (1974). *How general was the early distrust arising from Watergate?* Paper presented at the meeting of the Eastern Psychological Association, Philadelphia.

Wright, T. L., & Tedeschi, R. G. (1974). *The Interpersonal Trust Scale: A factor analysis and cross-validation*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago.

Tedeschi, R. G., & Wright, T. L. (1975). *Attributions of trust and trustworthiness during a modified prisoner's dilemma game.* Paper presented at the meeting of the Southeastern Psychological Association, Atlanta.

Arbuthnot, J. A., Tedeschi, R. G., Wayner, M., Turner, J. R., Kressel, S., & Rush, R. (1976*). Self-perception theory and compliance: The foot-in-the-door technique applied to sustained pro-environmental behavior.* Paper presented at the meeting of the Eastern Psychological Association, New York.

Tedeschi, R.G. (1977). Self perception theory and induction of recycling. In C. Castore (Chair), *Consumers' participation in community recycling programs: Four perspectives.* Symposium presented at the meeting of the American Psychological Association, San Francisco.

Tedeschi, R. G., Cann, A., & Siegfried, W. D. (1978). *Public attitudes toward pollution: It's industry's fault and government's problem.*  Paper presented at the meeting of the Southeastern Psychological Association, Atlanta.

Tedeschi, R. G. (1978). Public attitudes and pro-environmental action. In P. Stern (Chair), *Psychological approaches to environmental policy.* Symposium presented at the meeting of the American Psychological Association, Toronto.

Siegfried, W. D., Tedeschi, R. G., Cann, A., & \*Wackerhagen, R. (1979). *A test of a model for predicting pro-environmental behavior.* Paper presented at the meeting of the Southeastern Psychological Association, New Orleans.

Siegfried, W. D., Tedeschi, R. G., & Cann, A. (1981*). Social factors in the decision to ride the bus.* Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta.

Tedeschi, R. G. (1981). Planning and designing the undergraduate practicum course. In D. Fernald (Chair), *Designing and managing an undergraduate practicum course in psychology.* Symposium presented at the annual meeting of the Southeastern Psychological Association, Atlanta.

Tedeschi, R. G., Calhoun, L. G., \*Morrell, R. W., & \*Johnson, K. A. (1984). *Bereavement: From grief to psychological development.* Paper presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R. G., & Cann, A. (1985). Resolving a Commons Dilemma*: The effect of an impending crisis and involvement in decision-making.* Paper presented at the annual meeting of the Eastern Psychological Association, Boston.

Calhoun, L.G., & Tedeschi, R.G. (1986)*. Positive aspects of critical life problems: Recollections of grief.* Paper presented at the annual meeting of the Southeastern Psychological Association, Orlando.

Tedeschi, R.G. (1987). *Eclectic approaches to psychotherapy*. Colloquium, Department of Psychiatry, University of Newcastle Upon Tyne, England.

Tedeschi, R.G. (1987). *Positive reactions to traumatic life events.* Invited Address, Somerset Health Authority, Taunton, England.

Tedeschi, R.G. (1987). *Clinical psychology in the United Kingdom and the United States: Professional issues and training*. Invited Address, Meeting of the British Psychological Society, Northern Region, Morpeth, England.

Tedeschi, R.G., & Calhoun, L.G. (1988). *Perceived benefits in coping with physical handicaps.* Paper presented at the annual meeting of the American Psychological Association, Atlanta.

Tedeschi, R.G. (1989). The masculine gender role as impediment to rehabilitation. In G. Brooks (Chair), *Beyond the masculine mystique: Loosening male gender-role bonds*. Symposium presented at the annual meeting of the American Psychological Association, New Orleans.

Tedeschi, R.G. (1989). *Personality styles in coping with traumatic life events*. Invited Address, presented at the North Carolina Psychological Association/North Carolina School Psychology Association Joint Conference, Raleigh, NC.

Tedeschi, R.G. (1990). *Successful adaptation to traumatic life events.* Colloquium, Ohio University Department of Psychology Colloquium Series, Athens, OH.

McAnulty, R.D., Tedeschi, R.G., \*Hawk, J., & \*Buckner, H. (1992). *Social anxiety, social perception, and dating satisfaction among male college students.* Paper presented at the annual meeting of the Southeastern Psychological Association, Knoxville, TN.

Calhoun, L.G., Tedeschi, R.G., & \*Lincourt, A. (1992*). Life crises and religious beliefs: Changed beliefs or assimilated events?* Paper presented at the annual meeting of the American Psychological Association, Washington.

Tedeschi, R.G. & Calhoun, L.G. (1992). *Possibilities for growth in positive and negative life events.* Paper presented at the annual meeting of the American Psychological Association, Washington.

Tedeschi, R.G., Spain, J.L., Jr., & Linden, K. (1992). *Predicting the response of employees with back pain to a work hardening program*. Paper presented at the joint conference of the American Psychological Association and National Institute for Occupational Safety and Health, Washington.

Tedeschi, R.G. & Calhoun, L.G. (1992*). Management of life crises in employees: The role of diverse metaphysical systems.*  Paper presented at the joint conference of the American Psychological Association and National Institute for Occupational Safety and Health, Washington.

\*Stutts, W.D., Calhoun, L.G., Cann, A., & Tedeschi, R.G. (1993)*. Coping with crises: On the role of personal philosophy of life.* Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta.

\*Owen, N.R., Calhoun, L.G., & Tedeschi, R.G. (1993)*. Spiritual beliefs and psychotherapy: The views of practicing clinicians.* Paper presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G., Calhoun, L.G., & \*Gross, B.J. (1993). *Construing beliefs from negative events: An examination of personality variables*. Paper presented at the annual meeting of the American Psychological Association, Toronto.

\*Stutts, W.D., \*Brinkley, D.C., \*Satterwhite, R.C., McAnulty, R.D., & Tedeschi, R.G. (1994). *Social anxiety, dating satisfaction, and sexual coercion among college males.* Paper presented at the annual meeting of the Southeastern Psychological Association, New Orleans.

Tedeschi, R.G. & Calhoun, L.G. (1994). *The Perceived Benefits Scale: Assessing the positive side of trauma.* Paper presented at the annual meeting of the Southeastern Psychological Association, New Orleans.

\*Shelton, R.R., Calhoun, L.G., & Tedeschi, R.G. (1994). *Life crises and personal change.* Poster presented at the annual North Carolina Psychological Association Spring Institutes and Conference, Atlantic Beach, NC.

\*Buur, H., Calhoun, L.G., Tedeschi, R.G., & Cann, A. (1994). *Perceiving benefits in trauma: growth or cognitive bias?* Poster presented at the annual North Carolina Psychological Association Spring Institutes and Conference, Atlantic Beach, NC.

\*Shelton, R.R., Calhoun, L.G., & Tedeschi, R.G. (1994). *Significant life events--A qualitative study of narrative elements.* Paper presented at the annual meeting of the American Psychological Association, Los Angeles.

\*Stutts, W.D., Calhoun, L.G., Tedeschi, R.G., & Cann, A. (1994). *Religion, assumptive worlds, and the aftermath of trauma--What changes?* Paper presented at the annual meeting of the American Psychological Association, Los Angeles.

Tedeschi, R.G. (1994). Discussant, In C.L. Park (Chair), *Positive outcomes of negative life events.* Symposium presented at the annual meeting of the American Psychological Association, Los Angeles.

Tedeschi, R.G. (1995). Discovering growth following trauma: The natural approach. In L.G. Calhoun (Chair), *Alternative methods for assessing growth in the aftermath of trauma.*  Symposium presented at the annual meeting of the American Psychological Association, New York.

Tedeschi, R.G., & Calhoun, L.G. (1995*). Posttraumatic growth: reality or illusion?* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston.

\*Arnold, D.A., Calhoun, L.G., Cann, A., & Tedeschi, R.G. (1996). *Perceived similarity in counseling: Does it take one to know one?* Paper presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G. (1996). Therapy interventions to promote growth following loss. In. L.G. Calhoun (Chair), *New perspectives on interventions and growth following loss*. Symposium presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G. (1996). Growth after trauma: The consistent themes. In R.G. Tedeschi (Chair), *Posttraumatic growth: An overview of contemporary models*. Symposium presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G. (1996). *Shifting the paradigm in psychotraumatology.* Colloquium, North Carolina A & T University Department of Psychology Colloquium Series, Greensboro, NC.

Tedeschi, R.G. (1997). Discussant, In L.G. Calhoun (Chair), *Risk and growth: Religion as protective and transformative*. Symposium presented at the annual meeting of the American Psychological Association, Chicago.

Tedeschi, R.G. (1997). Posttraumatic growth: The farther reaches of survivorship. In R.G. Tedeschi (Chair), *Posttraumatic growth in survivors, therapists, researchers, and communities.* Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Montreal.

\*Dunkle, M.A., McAnulty, R., Tedeschi, R.G., & Stanley Hagan, M. (1998*). Risk assessment of institutional misconduct among sexual offenders.* Paper presented at the annual meeting of the Southeastern Psychological Association, Mobile, AL.

Tedeschi, R.G. (1998). Discussant, In V.E. O'Leary (Chair), *Meaning and health: Creating meaning for challenge and change*. Symposium presented at the annual meeting of the American Psychological Society, Washington.

Calhoun, L.G., Cann, A., Tedeschi, R.G., & \*McMillan, J. (1998). *Traumatic events and generational differences in assumptions about a just world.* Poster presented at the annual meeting of the American Psychological Association, San Francisco.

Tedeschi, R.G. (1998). Clinical strategies for enhancing growth outcomes in survivors of violence. In L.G. Calhoun (Chair), *Transforming sexual violence: Struggle and growth*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington.

Calhoun, L.G., Cann, A., Tedeschi, R.G., & \*McMillan, J. (1999). *Posttraumatic growth and cognitive processing: Rumination, quest, and religious participation*. Paper presented at the annual meeting of the American Psychological Association, Boston.

Tedeschi, R.G. (1999). *Theoretical and empirical developments in posttraumatic growth: International perspectives*. (Chair). Symposium presented at the annual meeting of the American Psychological Association, Boston.

Tedeschi, R.G. (2000). *Processing trauma: Routes to recovery and growth in disaster, bereavement, and injury*. (Chair). Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies World Conference, Melbourne, Australia.

\*Arnold, D., Calhoun, L. G., Tedeschi, R. G., & Cann, A. (2000). *Vicarious transformation in psychotherapy with trauma survivors.* Poster presented at the annual convention of the American Psychological Association, Washington, DC.

Calhoun, L. G., \*Dodd, J. R., & Tedeschi, R. G. (2000). *Quest religion, trauma, growth, and altruism: A correlational investigation.* Poster presented at the annual convention of the American Psychological Association, Washington, DC..

Calhoun, L. G., Tedeschi, R. G., & \*Fulmer, D. , & \*Harlan, D. (2000). *Parental grief: The relation of rumination, distress, and posttraumatic growth.* Poster presented at the annual convention of the American Psychological Association, Washington, DC.

Tedeschi, R. G., Calhoun, L. G., & \*Cooper, L. (2000). *Rumination and posttraumatic growth in older adults.* Poster presented at the annual convention of the American Psychological Association, Washington, DC..

Tedeschi, R.G., & Calhoun, L.G. (2000). Processing trauma into growth: Some empirical evidence. In J. Sonis (Chair) *Research on posttraumatic growth: Newest developments with diverse populations.* Symposium presented at the annual convention of the International Society for Traumatic Stress Studies, San Antonio, TX.

Calhoun, L.G., Tedeschi, R.G., & Selby, J. (2001). *Spiritual change and psychological growth: Vicarious transformation in Hospice workers*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

Tedeschi, R.G. & Calhoun, L.G. (2001)*. Posttraumatic growth in parental grief? A qualitative study.* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

\*DeBrule, D.S., Calhoun, L.G., Tedeschi, R.G., & Cann, A. (2001)*. Psychological growth, rumination, and well-being in injured athletes.* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

\*Edwards, G. K., McAnulty, R., Calhoun, L.G., & Tedeschi, R.G. (2001*). Religious beliefs and cognitive distortions in child molesters.* Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

Tedeschi, R.G. (2002). *Posttraumatic growth: Transformations in the aftermath of trauma.*  Symposium presented at the International Conference on Personal Meaning. Vancouver, BC, Canada.

\*Profitt, D.H., Calhoun, L.G., Tedeschi, R.G., & Cann, A. (2002). *Clergy and crisis: Correlates of posttraumatic growth and well-being.* Poster presented at the annual convention of the American Psychological Association, Chicago.

Tedeschi, R.G., & Calhoun, L.G. (2002). The events of September 11th: Readers respond. In R. G. Tedeschi (Chair): *Posttraumatic growth in the aftermath of terrorism and combat*. Symposium presented at the annual convention of the American Psychological Association, Chicago.

Rodman, J., Engdahl, B., Tedeschi, R. G., & Calhoun, L. G. (2002). Posttraumatic growth and PTSD in WWII and Korean War veterans. In R. G. Tedeschi (Chair), *Posttraumatic growth in the aftermath of terrorism and combat*. Symposium conducted at the annual convention of the American Psychological Association, Chicago.

Calhoun, L.G., Weiss, T., Azarow, J., Milam, J., & Tedeschi, R.G. (2002). *Life threatening illness as a precursor to posttraumatic growth.* Paper presented at the annual convention of the American Psychological Association, Chicago.

Tedeschi, R.G. (2002, September). *Transformations of trauma in the individual and society.*  Invited Address, Turkish Psychological Association Congress, Ankara.

Tedeschi, R.G. (2003, March) *The paradox of trauma: Learning how to live well*. Invited address, 26th Annual Convention of the Behavioral Sciences, Athens, GA.

\*Cryder, CH., Tedeschi, R.G., Kilmer, R.P., & Calhoun, L.G. (2003, August). *Childhood trauma and posttraumatic growth: A pilot study.* Poster presented at the annual convention of the American Psychological Association, Toronto.

Tedeschi, R.G. (2003, September) Applications of the Posttraumatic Growth  
concept: Some possibilities. In L.L. Martin (Chair): *When good comes from bad: Pulling one’s self together vs. letting one’s self go*. Symposium presented at the meeting of the Society of Southeastern Social Psychologists, Greensboro, NC.

Tedeschi, R.G. (2003, October). *Posttraumatic growth: The history and future of the concept.* Invited address, Symposium on Posttraumatic Growth: The role of meaning and spirituality, Trinity Western University, Vancouver, BC, Canada.

Tedeschi, R.G. (2004, July). *Posttraumatic growth: Strategies for ultimate survival*. Invited address, International Conference on Personal Meaning, Vancouver, BC, Canada.

Tedeschi, R.G. (2005, April). *The “Expert Companion” for bereaved parents*. Paper presented at the annual conference of the Association for Death Education and Counseling, Albuquerque, NM.

Tedeschi, R.G. (2005, April). *Recent conceptualizations of grief: Meaning, attachment, and growth.* (Chair). Symposium presented at the annual conference of the Association for Death Education and Counseling, Albuquerque, NM.

Tedeschi, R.G. (2005, May). *Posttraumatic growth interventions.* Conference on Positive Life Changes, Benefit Finding and Growth Following Illness. University of Connecticut, Storrs.

Tedeschi, R.G. (2005, August). *International perspectives on posttraumatic growth*. (Chair). Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.

Tedeschi, R.G. (2005, September). *Picking up the pieces after mental illness and other traumas.* Alliance for the Mentally Ill—Quebec Low-Beer Memorial Lecture. Montreal.

Tedeschi, R.G. (2005, September). *Posttraumatic growth: Psychological changes in those who suffer.* Invited address, Department of Psychiatry, McGill University, Montreal.

Tedeschi, R.G. (2006, March). *Posttraumatic Growth: A new direction for trauma research and practice.* Keynote address, Annual meeting of the Academy of Traumatic Stress Specialists, Charlotte.

Tedeschi, R.G., & Calhoun, L.G. (2006, April). *Beyond the Concept of Recovery: A Broader Understanding of the Experience of Loss*. Paper presented at the annual meeting of the Association of Death Education and Counseling, Tampa.

Taku, K., Calhoun, L. G., Cann, A, & Tedeschi, R. G. (May, 2006). *Self-disclosure of stressful experiences correlates with growth in Japanese university students.* Poster presented at the 18th annual convention of the Association for Psychological Science, New York.  
  
Taku, K., Calhoun, L. G., Tedeschi, R. G., Cann, A., Kilmer, R. P, & Gil-Rivas, V. R. (August, 2006). *Posttraumatic growth and cognitive processing in Japanese university students.* Poster presented at the annual meeting of the American Psychological Association, New Orleans.

Tedeschi, R.G. (2006, August). Post-traumatic growth in the wake of natural disasters. In K. Lanning (Chair). *Psychological perspectives on natural and social disasters.*  Symposium presented at the annual meeting of the American Psychological Association, New Orleans.

Tedeschi, R.G. (2006, September). *Posttraumatic growth*. Keynote address, Annual Symposium on Survivors of Torture, University of Michigan, Dearborn.

Danhauer, S., Tedeschi, R.G., \*Jesse, M., Calhoun, L.G., & Gil-Rivas, V. (2006, November) Posttraumatic growth and quality of life among acute leukemia patients. In J. Shakespeare-Finch (Chair). *Posttraumatic growth in cancer survivors: Research from three diverse studies in three nations*. Symposium presented at the annual meeting of the International Society of Traumatic Stress Studies, Hollywood, CA.

Kilmer, R., Calhoun, L., Tedeschi, R., McAnulty, R., & Gil-Rivas, V. (2006, November) *Examining posttraumatic growth in Romanian orphans: Extending the research base involving youth*. Poster presented at 22nd annual meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.

Tedeschi, R. G. (2006, November). Discussant. In L.G. Calhoun (Chair)*, Assessment of posttraumatic growth in different cultural contexts.* Symposium presented at the 22nd annual meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.   
  
Taku, K., Calhoun, L. G., Tedeschi, R. G., Kilmer, R. P., Gil-Rivas, V, & Cann, A.  (2006, November). *Perceived recipients’ responsiveness correlates with posttraumatic growth in Japanese university students.* Poster presented at 22nd annual meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.

Tedeschi, R.G., & Calhoun, L.G. (2007, April). *Strange blessings: Grief and posttraumatic growth.* Keynote address, Association for Death Education and Counseling, Indianapolis.

Tedeschi, R.G., & Calhoun, L.G. (2007, August). *Facilitating posttraumatic growth*. Invited address. 10th Annual Force Health Protection Conference, Louisville.

Tedeschi, R.G., & Calhoun, L.G. (2007, August). *Review of the latest research on the use of the Posttraumatic Growth Inventory.* Invited address. 10th Annual Force Health Protection Conference, Louisville.

Calhoun, L.G., Cann, A., Tedeschi, R.G., \*Baker, J.M., & \*Kelly, C. (2007, August). *Measuring positive and negative aspects of posttraumatic growth.* Poster presented at the annual meeting of the American Psychological Association, San Francisco.

Cann, A., Calhoun, L.G., Tedeschi, R.G., Kilmer, R.P., & Gil-Rivas, V. (2007, August). *Core Beliefs Inventory: A brief measure of the assumptive world.* Poster presented at the annual meeting of the American Psychological Association, San Francisco.

\*Mills, E. B., Calhoun, L. G., Kilmer, R. P., & Tedeschi, R. G. (August, 2007). *The effects of childhood sibling loss on the surviving sibling*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Tedeschi, R.G. (2007, August). *Posttraumatic growth in children*. Invited address. National Child Traumatic Stress Network Conference, Houston.

\*Vishnevsky, T., \*Lindstrom, C., Cann, A., Calhoun, L. G., & Tedeschi, R. G.  (2007, November).  *Correlates of Posttraumatic Growth*.  Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore.

Taku, K., Cann, A., Calhoun, L. G., Tedeschi, R. G., & \*Lindstrom, C. (2007, November). *Willingness to disclose, posttraumatic growth, and rumination in Japanese students.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore.

\*Lindstrom, C., \*Vishnevsky, T., Cann, A., Calhoun, L. G., Tedeschi, R. G., & \*Kelly, C. (2007, November).  *Posttraumatic growth’s unique contribution to predicting life satisfaction.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore.

\*Vishnevsky, T., \*Lindstrom, C.M., Cann, A., Tedeschi, R.G., Calhoun, L.G., & Taku, K. (2008). *Core Beliefs Inventory: Effects of Trauma on Assumptive World Beliefs.* Poster presented at the annual convention of the American Psychological Association, Boston.

Taku, K., \*Vishnevsky, T., Cann, A., Kilmer, R.P., Tedeschi, R.G., & Calhoun, L.G. (2008, August). *Perceived responsibility correlates with posttraumatic growth in Japanese youth.* Poster presented at the annual convention of the American Psychological Association, Boston.

Tedeschi, R.G. (2008, August). A model of posttraumatic growth. In L.G. Calhoun (Chair), *Conceptions and misconceptions of posttraumatic growth*. Symposium presented at the annual convention of the American Psychological Association, Boston.

Calhoun, L.G., & Tedeschi, R.G. (2008, September). *The possibilities of grief: Three foundations for understanding posttraumatic growth.* Invited address. The Sixth Scott & White Bereavement Conference, Temple, TX.

Tedeschi, R.G. , & Calhoun, L.G. (2008, September). *Applying the “expert companion” model and the concept of posttraumatic growth to clinical work*. Invited address. The Sixth Scott & White Bereavement Conference, Temple, TX.

Calhoun, L.G. & Tedeschi, R.G. (2008, September). *The farther reaches of grief and happiness: Expanding our understanding of successful coping and adjustment.* Invited address. The Sixth Scott & White Bereavement Conference, Temple, TX.

Taku, K., Cann, A., Calhoun, L. G., & Tedeschi, R. G.  (2008, November).  *Testing the factorial equivalencies of the rumination items across a U.S. and Japanese sample*.  International Society for Traumatic Stress Studies, Chicago.

Tedeschi, R.G. (2009, January). *How Should DOD and the VA Handle Post-Traumatic Growth?* Invited address. Center for a New American Security. Washington, DC.

Danhauer, S. C., Russell, G., \*Jesse, M., \*Vishnevsky, T., \*Daley, K., Carroll, S. A., Calhoun, L. G., Cann, A., & Tedeschi, R. G. (2009, February). *A longitudinal investigation of posttraumatic growth in adult patients undergoing treatment for acute leukemia.* American Psychosocial Oncology Society, Charlotte.   
  
\*Jesse, M. T., \*Vishnevsky, T., Danhauer, S. C., Russell, G., \*Daley, K., Tedeschi, R., Calhoun, L., & Cann, A. (2009, February). *A longitudinal investigation of social constraint in adult patients undergoing treatment for acute leukemia.* American Psychosocial Oncology Society, Charlotte.

Tedeschi, R.G. (2009, February). *Post-Traumatic Growth: A New Perspective on Trauma Response.* 2009 Clinical Update and Psychopharmacology Review. Pinehurst, NC.

Tedeschi, R.G. (2009, February). *Expert Companionship: A Growth Oriented Approach to Trauma and Loss.* 2009 Clinical Update and Psychopharmacology Review. Pinehurst, NC.

Tedeschi, R.G. (2009, June). *Promoting Posttraumatic Growth in the Aftermath of Traumatic Loss.* Invited address. Freedom Care Program, El Paso, TX.

Tedeschi, R.G. (2009, July). *Promoting Posttraumatic Growth in the Aftermath of Traumatic Loss.* Department of Veterans Affairs, Mental Illness Research Education and Clinical Center webcast.

Tedeschi, R.G. (2009, September). *Posttraumatic Growth in the Aftermath of 9/11.* Invited address. Shared Trauma, Resilience and Posttraumatic Growth : Reflections on the Anniversary of 9/11. New York University. New York, NY

Tedeschi, R.G. (2009, September). Panelist. *Surviving and Thriving in Harm’s Way.* American Enterprise Institute. Washington, DC.

Tedeschi, R.G. (2009, November). *Posttraumatic Growth and Combat: Seeing Possibilities for Growth and Ways of Promoting it*. Invited address. Warrior Resilience Conference, Norfolk, VA.

Tedeschi, R.G. (2009, November). *Opportunities for Growth Among Disaster Survivors and Those Who Help Them.* American Psychological Association Disaster Response Network, Houston, TX.

Tedeschi, R.G. (2010, April). *Posttraumatic Growth and Combat: Seeing Possibilities for Growth and Ways of Promoting it.* Invited address. Fort Leavenworth, KS.

Tedeschi, R.G. (2010, May). *Posttraumatic Growth: Harnessing the Aftermath of Combat for Personal Transformation*. Invited address. University of West Florida, Pensacola, FL.

Tedeschi, R.G. (2010, June). Pathways to Posttraumatic Growth in Cancer Survivors*.* In K. Stein (Chair) *Benefit finding and growth after treatment for cancer*. Symposium presented at the Cancer Survivorship and Research Biennial Conference, Washington, DC.

Tedeschi, R.G. (2010, August). Chair. *Indicators of Validity in Reports of Posttraumatic Growth.* Symposium presented at the annual convention of the American Psychological Association, San Diego, CA.

Tedeschi, R.G. (2011, April). *Pathways to Posttraumatic Growth in Cancer Survivors.* Invited address. Cancer Survivorship: Bridging the Transition to Life after Cancer Treatment. University of Minnesota.

Tedeschi, R.G. (2011, May). *Finding Positive Changes after Trauma and Loss.* Invited address. Irvin B. Levinson Memorial Annual Lecture, Baltimore.

Tedeschi, R.G. (2011, July). *Understanding and Fostering Posttraumatic Growth in Bereaved Families*. Keynote address. National Alliance for Grieving Children. Boston.

\*Triplett, K.N., Tedeschi, R.G., Cann, A., Reeve, C.L., & Calhoun, L.G. (2011, August). *From core beliefs, cognitive processing, meaning, self-reported growth, to life satisfaction?* Poster presented at the annual convention of the American Psychological Association, Washington, DC.

\*Triplett, K.N., Tedeschi, R.G., Allen, A.B., & Tooze, J. (2011, August). *Posttraumatic growth in pediatric oncology patients and their primary caregivers.* Poster presented at the annual convention of the American Psychological Association, Washington, DC.

Tedeschi, R.G. (2012, April). *Posttraumatic growth: Psychological reconstruction in the aftermath of disaster.* Keynote address. Building capacity: Managing and mitigating responder stress. Institute of Disaster Mental Health 9th Annual Conference. New Paltz, NY.

Tedeschi, R.G. (2012, August). Chair. *Multicultural perspectives on posttraumatic growth: Japan, Ivory Coast, and Turkey.* Symposium presented at annual meeting of the American Psychological Association, Orlando, FL.

Tedeschi, R.G. (2012, August). Discussant. *Self-care for trauma psychologists*. Panel discussion presented at annual meeting of the American Psychological Association, Orlando, FL.

\*Addington, E.L, Russell, G.B., Tedeschi, R.G., Levine, E.A., Shen, P., Stewart, J.H., Danhauer, S.C., Duckworth, K.E., & McQuellon, R.P. (2013, February). Posttraumatic growth is sustained two years after cytoreductive surgery plus hyperthermic intraperitoneal chemotherapy. *Psycho-Oncology, 22* (Suppl. 2), S54. Poster presented at the 10th Annual Conference of the American Psychosocial Oncology Society, Huntington Beach, CA.

\*Jesse, M.T., Tedeschi, R.G., Cann, A., Eshelman, A., Schurk, M.K., Triplett, K.N., and Danhauer, S.C. (2013, July). Posttraumatic growth and well-being in new nurses. In R.G. Tedeschi (Chair), *Posttraumatic growth in medical personnel and emergency responders*. Symposium presented at the annual meeting of the American Psychological Association, Honolulu.

Tedeschi, R.G. (2013, July). Chair. *Posttraumatic growth in medical personnel and emergency responders*. Symposium presented at the annual meeting of the American Psychological Association, Honolulu.

\*Addington, E. L., Calhoun, L. G., Cann, A., Tedeschi, R. G., Furr, S., Bensen, J. T., … Mohler, J. L. (2014, August). Religious participation predicts prostate cancer survivors’ quality of life. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Tedeschi, R.G., Taku, K., Cann, A., & Calhoun, L.G. (2014, August). Spiritual and existential posttraumatic growth in Japan and the United States. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Taku, K., Tedeschi, R.G., Cann, A., & Calhoun, L.G. (2014, August). Core beliefs, rumination, and posttraumatic growth resulting from the earthquake in Japan. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Tedeschi, R.G. Posttraumatic growth following serious health problems. (2014, August). In R.G. Tedeschi (Chair), *Using the posttraumatic growth concept to enhance health outcomes.* Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.

\*Orejuela, A.I., \*Blevins, C.L., \*Kunberger-Striepe, C., Cann, A., Tedeschi, R.G., & Calhoun, L.G. (2014, August). Relationship of alexithymia to posttraumatic growth and distress. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

\*Brightman, A., Cann, A., Tedeschi, R.G., & McAnulty, R. (2015, August). Measuring spirituality and religiosity in posttraumatic growth. Poster presented at the annual meeting of the American Psychological Association, Toronto.

\*Blevins, C.L., \*Riffle, O., Cann, A., & Tedeschi, R.G. (2015, August). Achieving resolution: How resolving a traumatic event relates to posttraumatic growth and distress. Poster presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G. (2015, August). Discussant. In A.C. Wagner (Chair), *Hope and growth in trauma recovery.* Symposium presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G. (2015, August). (Chair). *Health care professional and patients facing trauma: Optimizing satisfaction and growth*. Symposium presented at the annual meeting of the American Psychological Association, Toronto.

\*Orejuela-Davila, A., \*Lewis, P., Cann, A, Tedeschi, R.G., & Calhoun, L.G. (2015, August). Difficulty in identifying feelings impacts posttraumatic growth. Poster presented at the annual meeting of the American Psychological Association, Toronto.

\*Orejuela-Davila, A., \*Riffle, O., Cann, A, Tedeschi, R.G., & Calhoun, L.G. (2015, August). Centrality of event moderates the relationship between core beliefs and posttraumatic growth. Poster presented at the annual meeting of the American Psychological Association, Toronto.

Tedeschi, R.G. (2015, October) *Posttraumatic growth: Identification, understanding, and application*. Invited address. The 2015 Summit: Emotion, Trauma, and DBT. The Gottman Institute, Seattle.

\*Ramos, C., Leal, I., & Tedeschi, R.G. (2016, July) *Posttraumatic growth, core beliefs, and illness perception: A structural equation model with women diagnosed with breast cancer.* Poster presented at the annual meeting of the International Congress of Psychology, Yokohama, Japan.

\*Orejuela-Davila, A., \*Brightman, A., \*Lewis, P., Tedeschi, R.G., & Cann, A. (2016, August). *The intellectual dimension of centrality of religiosity predicts disruption to core beliefs.* Poster presented at the annual meeting of the American Psychological Association, Denver.

\*Blevins, C.L., Haselden, M., Cann, A., & Tedeschi, R.G. (2016, August). *Hedonic and eudaimonic well-being across transformative experiences.* Poster presented at the annual meeting of the American Psychological Association, Denver.

Tedeschi, R.G. (2016, August). Chair. *Military service members and challenges to community reintegration: Data and applications.* Symposium presented at the annual meeting of the American Psychological Association, Denver

\*Blevins, C.L., Haselden, M., Cann, A., & Tedeschi, R.G. (2016, August). *Hedonic and eudaimonic well-being across transformative experiences.* Poster presented at the annual meeting of the American Psychological Association, Denver.

\*Swaim, M.S., \*Blevins, C.L., & Tedeschi, R.G. (2016, August). *Examining effects of posttraumatic growth and mindfulness on perceived stress in combat veterans.* Poster presented at the annual meeting of the American Psychological Association, Denver.

\*Orejuela-Davila, A., Levens, S. M., \*Hilaire, N.M., Tedeschi, R.G. , & Cann, A. (2016, August). *The impact of emotional suppression and reappraisal on distress and posttraumatic growth.* Poster presented at the annual meeting of the American Psychological Association, Denver.

Tedeschi, R.G. (2016, November). Chair. *Core belief disruptions contributing to posttraumatic growth in Japan, Australia, and Puerto Rico.* Symposium presented at annual meeting of the International Society of Traumatic Stress Studies, Dallas.

\*Riffle, O.M., Tedeschi, R.G., Peterman, A.H., & Harris, H.L. (2017, August). *Posttraumatic growth and career calling in undergraduates.* Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Tedeschi, R.G. (2017, August). Chair. *Posttraumatic growth: New applications of the concept to emotional development.* Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.

Tedeschi, R.G. (2019, April). *Posttraumatic growth: Shifting perspectives in trauma treatment.* Keynote address, Georgia Psychological Association Annual Conference, Atlanta.

Tedeschi, R.G. (2019, May). *Assessing and fostering posttraumatic growth.* Presentation for Environmental Impacts on Behavioral Health, Army Public Health Center, Arlington, VA.

Tedeschi, R.G. (2019, September). *Posttraumatic growth: Recent developments in the science and application.* Keynote address, Australasian Conference on Traumatic Stress, Sydney, AUS.

Note: \* denotes student

**EXTERNAL GRANTS**

Changes in Outlook among Vietnam veterans and prisoners of war. Jeffrey Sonis, (PI). R. Tedeschi and 4 others, Co-PIs. (2003). Naval Operational Medicine Institute, $262,614.

Gil-Rivas, V. (PI), Kilmer, R. P. (Co-PI), Buchanan, T. (Co-investigator) Tedeschi, R. (Co-Investigator), Calhoun, L. (Co-Investigator), Dmitrieva, J. (Co-Investigator), and Shahinfar (Co-Investigator). (2006). The parent-child relationship and children’s adjustment post-hurricane Katrina. National Institute on Mental Health (NIMH),. $143,525.

**EDITING AND REVIEWING**

Associate Editor, *Journal of Aggression, Maltreatment, and Trauma.*

Ad Hoc reviewer for many journals including *American Psychologist, Journal of Personality, Journal of Traumatic Stress, Journal of Personality and Social Psychology, Journal of Psychosomatic Research, Death Studies, Anxiety Stress and Coping, Journal of Clinical Psychology in Medical Settings, Psycho-oncology, Journal of Interpersonal Violence, American Journal of Orthopsychiatry, Harvard Review of Psychiatry, Cognition and Emotion.*

**CONSULTING**

Media consultant, Trauma and resilience, American Psychological Association (2001-present)

Subject Matter Expert, Trauma and resilience, US Army Comprehensive Soldier Fitness Program (2010-2014)

Wellness Advisory Committee, Boulder Crest Retreat Center (Bluemont, VA) (2015-present)

**WORKSHOPS PRESENTED**

Oregon Psychological Association, Portland, 1998

Central New York Psychological Association, Syracuse, 2003

North Dakota State University, 2003

US Army 2005, 2006, 2007, 2008, 2011, 2012, 2016

Ft. Carson, Colorado

Ft. Leavenworth, Kansas

Brooke Army Medical Center, San Antonio, Texas

Tripler Army Medical Center, Honolulu, Hawaii

Louisiana Rehabilitation Association, Baton Rouge, 2006

Central Intelligence Agency, 2007

North Carolina Psychological Association, Chapel Hill, 2010

UNC-Wilmington Social Work Program, 2011

British Columbia Psychological Association, Vancouver, 2011

Delaware Psychological Association, Rehobeth Beach, 2011

University of North Florida, Jacksonville, 2011

Veteran’s Affairs Medical Center, Salisbury, NC, 2012

Indiana Psychological Association, South Bend, 2012

Children’s Hospital and The Children’s Institute, Los Angeles, 2012

Ontario Psychological Association, Toronto, 2013

Harvard University Population Health Sciences, 2013

Drexel University Veterans Program, 2014

North Carolina Psychological Association, Charlotte, 2014

Veterans Affairs Chaplaincy Service, Durham, NC, 2014

University of Pennsylvania MA in Positive Psychology Program, 2016

Australasian Society for Traumatic Stress Studies, Brisbane, 2017

Geisinger Medical Center, Danville, PA, 2017

UNC Chapel Hill Public Leadership Academy, 2018

Neuro-community Care, Wake Forest, NC, 2019

Australasian Society for Traumatic Stress Studies, Sydney, 2019

**PROFESSIONAL AND HONORARY AFFILIATIONS**

North Carolina Licensed Practicing Psychologist and Certified Health Services Provider

Listed on the National Register of Health Service Providers in Psychology

Fellow, American Psychological Association; Division of Trauma Psychology, Division of Psychotherapy, Division of Independent Practice, and Division of Military Psychology.

President, North Carolina Psychological Association 2011-2012.

Member, North Carolina Psychological Association, Division of Professional Practice

Member, Phi Kappa Phi Honor Society

Member, International Society for Traumatic Stress Studies

Member, Association for Death Education and Counseling

**AWARDS**

Finalist, Bank of America Teaching Award, UNC Charlotte, 1999.

Mary Clarke Award for Distinguished Service to Psychology in North Carolina, North Carolina Psychological Association, 2004.

First Citizens Bank Scholars Medal Award for Outstanding Research, UNC Charlotte, 2013.

President’s Award, North Carolina Psychological Association, 2013.