UNIVERSITY OF PENNSYLVANIA - PERELMAN SCHOOL OF MEDICINE

Curriculum Vitae

Date: 07/11/2020

J. Russell Ramsay, Ph.D.

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| Address: | 3535 Market St., 4th Floor |
|  | Philadelphia, PA 19104-3309 USA |
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| If you are not a U.S. citizen or holder of a permanent visa, please indicate the type of visa you have: |
|  | none (U.S. citizen) |
|   |  |  |  |  |  |
| Education: |
|  | 1988 |  | B.A. |  | University of Miami (Psychology) |
|  | 1994 |  | M.S. |  | Pacific Graduate School of Psychology (renamed as Palo Alto University) (Clinical Psychology) |
|  | 1995 |  | Ph.D. |  | Pacific Graduate School of Psychology (renamed as Palo Alto University) (Clinical Psychology) |
|  |  |  |  |  |  |
| Postgraduate Training and Fellowship Appointments: |
|  | 1991-1992 |  | Student Therapist, The Transitional Program, Palo Alto, CA |
|  | 1991 |  | Student Therapist, The Kurt & Barbara Gronowski Clinic, Pacific Graduate School of Psychology |
|  | 1992-1993 |  | Student Therapist, The Kurt & Barbara Gronowski Clinic, Pacific Graduate School of Psychology |
|  | 1994-1995 |  | Psychology Intern, CPC Behavioral Healthcare, Red Bank, NJ |
|  | 1995-1997 |  | Postdoctoral Fellow, Center for Cognitive Therapy, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine |
|  |  |  |  |  |  |
| Military Service: |
|  | [none] |
|  |  |  |  |  |  |
| Faculty Appointments: |
|  | 2001-2010 |  | Assistant Professor of Psychology in Psychiatry at the Hospital of the University of Pennsylvania, University of Pennsylvania School of Medicine  |
|  | 2010-present |  | Associate Professor of Clinical Psychology in Psychiatry, University of Pennsylvania School of Medicine  |
|  |  |  |  |  |  |
| Hospital and/or Administrative Appointments: |
|  | 1997-2001 |  | Instructor, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine |
|  | 2008-2011 |  | Psychologist, Department of Child and Adolescent Psychiatry, Children's Hospital of Philadelphia |
|  |  |  |  |  |  |
| Other Appointments: |
|  | 1985-1986 |  | Residential Counselor, Community Foundation for Human Development, Sellersville, PA |
|  | 1987 |  | Residential Counselor, Bucks County Association for Retarded Citizens, Quakertown, PA |
|  | 1988-1990 |  | Special Education Instructor, Community Foundation for Human Development, Sellersville, PA |
|  | 1990-1994 |  | Lead Special Education Technician, Peninsula Children's Center, La Casita, Palo Alto, CA |
|  | 1997-present |  | Senior Staff Psychologist, Center for Cognitive Therapy, University of Pennsylvania Health System, Philadelphia, PA |
|  | 1997-2004 |  | Director, Center for Cognitive Therapy-Bucks County Office, University of Pennsylvania Health System, Bucks Co., PA |
|  | 1999-present |  | Co-Director, ADHD Treatment and Research Program, Department of Psychiatry, University of Pennsylvania |
|  | 2004-2010 |  | Senior Staff Psychologist, Social Learning Disorders Program, Department of Psychiatry, University of Pennsylvania |
|  | 2015-present |  | Clinical Professor (volunteer), Department of Psychology, Philadelphia College of Osteopathic Medicine |
|  |  |  |  |  |  |
| Specialty Certification: |
|  | 2009 |  | Diplomate, Academy of Cognitive and Behavioral Therapies |
|  |  |  |  |  |  |
| Licensure: |
|  | 1996-present |  | Psychologist - Pennsylvania |
|  |  |  |  |  |  |
| Awards, Honors and Membership in Honorary Societies: |
|  | 1984 |  | Henry King Stanford Scholarship, University of Miami, Coral Gables, FL |
|  | 1987 |  | Golden Key National Honor Society, University of Miami, Coral Gables, FL |
|  | 1987 |  | Psi Chi National Honor Society, University of Miami, Coral Gables, FL |
|  | 2007 |  | Penn Model Supervisor Award - Nominee |
|  | 2008 |  | Martin P. Szuba Award for Excellence in Clinical Teaching & Research, University of Pennsylvania School of Medicine |
|  | 2015 |  | Hall of Fame Inductee, CHADD (Children and Adults with ADHD) |
|  | 2016 |  | Best Research Poster, Annual Meeting of APSARD (American Professional Society of ADHD and Related Disorders) |
|   |  |  |  |
| Memberships in Professional and Scientific Societies and Other Professional Activities: |
|  International: |
| 1997-Present | International Association for Cognitive Psychotherapy (Member) |
|  |  |  |  |
| 2014-Present | World Federation of ADHD (Member) |
|  |  |  |  |
| 2016-present | Canadian ADHD Resource Alliance (Member) |
|  |  |  |  |
|  National: |
| 1991-Present | American Psychological Association (Student Affiliate, 1991-1995; Member, 1996-present) |
|  |  |  |  |
| 1995-Present | Association for Behavioral and Cognitive Therapy (Member, 1995-present) |
|  |  |  |  |
| 1997-2010 | American Psychological Association, Division 29 (Psychotherapy) (Member) |
|  |  |  |  |
| 1997-2005 | Society for the Exploration of Psychotherapy Integration |
|  |  |  |  |
| 2001-2006;11 | Association of Psychological Science |
|  |  |  |  |
| 2005-Present | Attention Deficit Disorder Association (Professional Member, 2005-present, Professional Advisory Board, 2006-2018, Co-Chair Professional Advisory Board, 2009-2015) |
|  |  |  |  |
| 2005-Present | Children and Adults with Attention Deficit Disorder (CHADD) (Professional Member, 2005-present; Professional Advisory Board, 2016-2019) |
|  |  |  |  |
| 2009-Present | American Professional Society of ADHD and Related Disorders (APSARD) (Member, 2009-present, Board of Directors, 2016-2019, Chair of Website/Social Media Committee, 2016-2019, Psychosocial Committee, 2018-present) |
|  |  |  |  |
| 2012-2013 | ADHD Aware (Professional Advisory Board/Board of Directors, 2012-2013) |
|  |  |  |  |
| 2013-2015 | Institute for Challenging Disorganization (Research Advisory Council, 2013-2015) |
|  |  |  |  |
| 2016-2017 | Anxiety and Depression Association of America (ADAA) |
|  |  |  |  |
|  Local: |
| 1993-1995 | California Psychological Association (Student Affiliate, 1993-1995) |
|  |  |  |  |
| 1993-1994 | New Jersey Psychological Association (Student Affiliate, 1993-1994) |
|  |  |  |  |
| 1993-1994 | Western Psychological Association (Student Affiliate, 1993-1994) |
|  |  |  |  |
| 1996-1997 | Eastern Psychological Association (Member) |
|  |  |  |  |
| 1996-Present | Pennsylvania Psychological Association (Member, 1996-2005; Fellow, 2005-present; Continuing Education Committee, 2012-2016) |
|  |  |  |  |
|  |  |  |  |
| Editorial Positions: |
|  | 2003 |  | Ad Hoc Reviewership: Oxford University Press |
|  | 2005-Present |  | Editorial Board, Journal of Attention Disorders |
|  | 2005-2012 |  | Editorial Board, Journal of Psychotherapy Integration |
|  | 2007 |  | Ad Hoc Reviewership: Oxford University Press |
|  | 2007 |  | Ad Hoc Reviewership: Routledge Press |
|  | 2008 |  | Ad Hoc Reviewership: Yonsei Medical Journal |
|  | 2008 |  | Ad Hoc Reviewership: CNS Spectrums |
|  | 2009-2010 |  | Ad Hoc Reviewership: European Psychiatry |
|  | 2010 |  | Ad Hoc Reviewership: Psychiatric Clinics of North America |
|  | 2010 |  | Ad Hoc Reviewership: Neuropsychiatric Disease and Treatment |
|  | 2010 |  | Ad Hoc Reviewership: American Psychological Association Press |
|  | 2011 |  | Ad Hoc Reviewership: Routledge Press |
|  | 2011-2012 |  | Ad Hoc Reviewership: Journal of the American Psychiatric Nurses Association |
|  | 2012 |  | Ad Hoc Reviewership: Clinical Practice & Epidemiology in Mental Health |
|  | 2012 |  | Ad Hoc Reviewership: Journal of Nervous and Mental Disease |
|  | 2013 |  | Ad Hoc Reviewership: Psychological Reports |
|  | 2013 |  | Ad Hoc Reviewership: Cognitive Therapy and Research |
|  | 2013-2014 |  | Ad Hoc Reviewership: American Psychological Association Press |
|  | 2013 |  | Ad Hoc Reviewership: Clinical Case Studies |
|  | 2014 |  | Ad Hoc Reviewership: Children |
|  | 2014 |  | Ad Hoc Reviewership: Routledge Press |
|  | 2014 |  | Ad Hoc Reviewership: British Journal of Psychiatry |
|  | 2015 |  | Ad Hoc Reviewership: Clinical Case Studies |
|  | 2015 |  | Ad Hoc Reviewership: Nutrients |
|  | 2015, 2020 |  | Ad Hoc Reviewership: Journal of Nervous and Mental Disease |
|  | 2015 |  | Ad Hoc Reviewership: Psychiatric Times |
|  | 2016 |  | Ad Hoc Reviewership: Oxford University Press |
|  | 2016 |  | Ad Hoc Reviewership: Psychological Medicine |
|  | 2017 |  | Ad Hoc Reviewership: Acta Psychiatrica Scandinavica |
|  | 2017-present |  | Advisory Board: The ADHD Report |
|  | 2017 |  | Ad Hoc Reviewership: Clinical Psychology Review |
|  | 2017 |  | Ad Hoc Reviewership: Journal of Nervous and Mental Disease |
|  | 2017 |  | Ad Hoc Reviewership: Journal of Child & Adolescent Psychopharmacology |
|  | 20182020 |  | Ad Hoc Reviewership: The Lancet PsychiatryInternational Journal of Mental Health |
|  |  |  |  |
| Academic and Institutional Committees: |
|  | 2002 |  | Office of Student Disabilities Services, Director, Search Committee, University of Pennsylvania |
|  | 2005 |  | Office of Student Disabilities Services, Director, Search Committee, University of Pennsylvania |
|  | 2006-2019 |  | Interviewer, Residency Selection Committee, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine |
|  | 2009-2012 |  | Hearings List for the Faculty Grievance Commission, Office of the Faculty Senate, University of Pennsylvania |
|  | 2015-Present |  | Diversity Search Advisor, University of Pennsylvania Perelman School of Medicine |
|  |  |  |  |
| Major Academic and Clinical Teaching Responsibilities: |
|  | 1999-present |  | Co-founder, co-director, and clinical supervisor for assessors, psychotherapists, and practicum trainees in Adult ADHD Treatment and Research Program, Department of Psychiatry, University of Pennsylvania School of Medicine |
|  | 2000-2004 |  | Presenter at Cognitive Therapy Master Lecture Series, Department of Psychiatry, University of Pennsylvania School of Medicine |
|  | 2004-2018 |  | Regular presenter at the Annual Learning Disability Symposium sponsored by Weingarten Learning Resources Center, University of Pennsylvania (April 2, 2004; April 1, 2005; April 7, 2006; March 30, 2007; April 1, 2011; April 8, 2016; April 13, 2018). |
|  | 2004-present |  | Regular teacher of "Adolescents/Young Adults and ADHD" lecturer for PGY-IV psychiatry residents, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine (August 5, 2004; August 4, 2005; August 3, 2006, August 2, 2007, August 14, 2008, August 4, 2011, August 8, 2013, August 14, 2014, July 30, 2015, July 7, 2016, August 11, 2016, August 10, 2017, July 12, 2018, February 20, 2020, February 27, 2020). |
|  | 2005-2011 |  | Mentor for Dr. Roberta Waite of Drexel University, who conducted research regarding adult ADHD in primary healthcare settings and among minority populations |
|  | 2005-2009 |  | Clinical supervisor for three-month rotation in adult ADHD for predoctoral psychology interns from Counseling and Psychological Services, University of Pennsylvania (May 1 - July 31, 2005; May 1 - July 31, 2006; May 27 - July 31, 2009) |
|  | 2005-present |  | Clinical supervisor in cognitive therapy PGY-III and PGY-IV psychiatry residents, Department of Psychiatry, University of Pennsylvania School of Medicine, (July 1 - June 30, 2005-06, 2006-07, 2007-08, 2008-09, 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017, 2017-2018, 2018-2019) |
|  | 2007-2009 |  | Presenter at the annual ADHD Conference co-hosted by Center for the Management of ADHD (Children's Hospital of Philadelphia) and Adult ADHD Treatment and Research Program (Department of Psychiatry, University of Pennsylvania School of Medicine) (October 6, 2007, October 4, 2008, October 3, 2009). |
|  | 2008 |  | Presenter at the annual Penn Autism Network Conference hosted by Social Learning Disorders Program, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine |
|  | 2008-2009 |  | Thesis committee member for Erica Jill Cohen, Muhlenberg College, Allentown, PA |
|  | 2008-2011 |  | Thesis committee member, Tracey Rush, Graduate School of Education, University of Pennsylvania |
|  | 2008 |  | "Family Based Intervention for Adult and Child ADHD," Children's Hospital of Philadelphia's Department of Psychology, Philadelphia, PA |
|  | 2009 |  | Presenter at the second annual Mental Health Camp, Counseling and Psychological Services, University of Pennsylvania |
|  | 2009-2011 |  | Thesis committee member, Parin Patel, Chestnut Hill College, Philadelphia, PA |
|  | 2009 |  | "Transporting Cognitive Behavioral Treatments into the Community Series," Department of Psychiatry, Adult ADHD Treatment and Research Program, training program with Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2010 |  | "Adult Developmental Neuropsychiatry" lecturer for psychiatry residents, Department of Psychiatry, University of Pennsylvania Perelman School of Medicine |
|  | 2010 |  | "Assessment of ADHD," Counseling and Psychological Services, University of Pennsylvania |
|  | 2010-2011 |  | Thesis committee member, Laura Lane Herman, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2011-2013 |  | Thesis committee member, Craig Strohmeier, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2013-2015 |  | Thesis committee member, Todd Bennett, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2013-2014 |  | PBH Mind faculty presenter (Cognitive Therapy - May 14 & May 28, 2013; Adult ADHD - October 18-19, 2013; ADHD - March 22, 2014). |
|  | 2014 |  | Proposal reviewer for Penn Medicine Neuroscience Center, 2014 Innovative Research Pilot Funding |
|  | 2014 |  | "CBT for Adult ADHD," Department of Psychology, Doctoral Program in Clinical Psychology, University of Pennsylvania |
|  | 2014-2016 |  | Thesis committee member, Danielle O'Brien, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2015 |  | "CBT for College Students with ADHD," Department of Psychiatry, Psychotherapy Track Residents, University of Pennsylvania Perelman School of Medicine |
|  | 2015 |  | "Psychosocial Evidence-based Treatments of Adolescent ADHD," Department of Child & Adolescent Psychiatry, Children's Hospital of Philadelphia |
|  | 2016-2018 |  | Thesis committee member, Bryan Gastelle, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2016 |  | "Getting Ready for Take Off: Helping Teens with ADHD Get Ready for Life After High School," Family Education Series, ADHD Program, Children's Hospital of Philadelphia |
|  | 2017-2020 |  | Thesis committee, member, Courtney Alio, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2017-2019 |  | Thesis committee, member, Hillary Ammon, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2017 |  | External reviewer/thesis committee member, Katie Grogan, University College Dublin, Dublin, Ireland |
|  | 2018-present |  | Thesis committee, member, Laura Salciunas, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2018-present |  | Thesis committee, member, Avery Ducey, Philadelphia College of Osteopathic Medicine, Philadelphia, PA |
|  | 2019 |  | Implementation-focused CBT for Adult ADHD & *Procrastivity*, Center for Cognitive Therapy and Outpatient Psychiatry Clinic, University of Pennsylvania Health System, Philadelphia, PA |
|  |  |  |  |
| Lectures by Invitation (Last 5 years): |
|  | Aug, 2015 |  | "The Adult ADHD Tool Kit," American Psychological Association, Toronto, Ontario. |
|  | Nov, 2015 |  | "The Adult ADHD Tool Kit," CHADD, New Orleans, LA. |
|  | Aug, 2016 |  | "Cognitive Behavioral Therapy for Adult ADHD: Turning Intentions into Actions," American Psychological Association, Denver, CO. |
|  | Aug, 2016 |  | "Cognitive Behavioral Therapy for Adult ADHD: Manufacturing Motivation and Managing Emotions," American Psychological Association, Denver, CO. |
|  | Oct, 2016 |  | "Managing Adult ADHD 24/7/365: Treatment Approaches to Improve Functioning in Daily Life," Pan-Hellenic Association of Individuals with Attention Deficit Disorder, ADHD HELLAS under the auspices of the 1st Psychiatric Clinic of the Athens Medical School at Eginition Hospital, the Hellenic Society of Cognitive Psychotherapies, and the Institute of Behavioral Research and Therapy, Athens, Greece. |
|  | Oct, 2016 |  | "Turning Intentions into Actions: ADHD as an Implementation Problem - Treatment Implications," 12th Annual Conference of the Canadian ADHD Resource Alliance (CADDRA), Ottawa, Ontario. |
|  | Oct, 2016 |  | "Intentions into Actions: Adapting the Adult ADHD Tool Kit for College/University Students," 63rd Annual Meeting of the American Academy of Child and Adolescent Psychiatry (AACAP), New York, NY. |
|  | Nov, 2016 |  | "Turning Intentions into Actions: ADHD as an Implementation Problem - Treatment Implications," Children and Adults with ADHD (CHADD), Costa Mesa, CA. |
|  | Nov, 2016 |  | "Go/No Go: Promoting Self-Regulation in College Students with ADHD," Children and Adults with ADHD (CHADD), Costa Mesa, CA. |
|  | Nov, 2016 |  | "A Comparison of ADHD Coaching and CBT for Adult ADHD," Children and Adults with ADHD (CHADD), Costa Mesa, CA. |
|  | Apr, 2017 |  | "Turning Intentions into Actions: CBT for Adult ADHD and its Cognitive and Emotional Components," Anxiety and Depression Association of America (ADAA), San Francisco, CA. |
|  | Oct, 2017 |  | Implementation-Focused CBT for Adult ADHD, Grand Rounds, Department of Psychiatry, Maimonides Medical Center, Brooklyn, NY. |
|  | Jan, 2018 |  | "Turning Intentions into Actions: Implementation-Focused CBT for Adult ADHD," American Professional Society of ADHD and Related Disorders (APSARD), Washington, DC. |
|  | Feb, 2018 |  | "Getting Ready to Launch: Preparing for and managing the adjustment to young adulthood for students with ADHD," 6th Annual KALD Conference, American University of Kuwait, Salmiya, Kuwait. |
|  | Feb, 2018 |  | "Cognitive-Behavioral Therapy for ADHD: Essential change principles," 6th Annual Kuwait Association of Learning Differences (KALD) Conference, American University of Kuwait, Salmiya, Kuwait. |
|  | Feb, 2018 |  | "Beyond Medications: Descriptions and reviews of different non-medication treatment and support options available to students with ADHD," 6th Annual KALD Conference, American University of Kuwait, Salmiya, Kuwait. |
|  | Feb, 2018 |  | "Turning Intentions into Actions: Helping children and teens to manage ADHD at home and at school," 6th Annual KALD Conference, American University of Kuwait, Salmiya, Kuwait. |
|  | Oct, 2018 |  | "CBT for Adult ADHD: Turning Intentions into Actions," 14th Annual Conference on ADHD, Proyectodah, Mexico City, Mexico. |
|  | Oct, 2018 |  | "Recent Research on and Clinical Relevance of Negative Cognitions and Adult ADHD," 14th Annual Conference on ADHD, Proyectodah, Mexico City, Mexico. |
|  | Jan, 2019 |  | "Psychosocial Treatment for Adult ADHD: Emerging Adults and Beyond," American Professional Society of ADHD and Related Disorders (APSARD), Washington, DC. |
|  | Jun, 2019 |  | "Thinking Through Adult ADHD: How Thoughts Turn Intentions into Actions (or Not)," Pennsylvania Psychological Association, Pittsburgh, PA. |
|  | Aug, 2019 |  | "Thinking Through Adult ADHD: How Thoughts Turn Intentions into Actions (or Not)," American Psychological Association, Chicago, IL. |
|  | Sep, 2019 |  | "Thinking Through Adult ADHD: How Thoughts Turn Intentions into Actions (or Not)," British Association of Behavioural and Cognitive Psychotherapies, Bath, England. |
|  | Nov, 2019 |  | "Thinking Through Adult ADHD: How Thoughts Turn Intentions into Actions (or Not)", International Conference on ADHD (CHADD), Philadelphia, PA |
|  | Nov, 2019 |  | "Brain Stimulation for ADHD: Experience of the Penn Adult ADHD Treatment and Research Program." In J. Swanson (Chair), "Research Symposium: Neurodevelopment and Neuromodulation." International Conference on ADHD (CHADD), Philadelphia, PA |
|  | Nov, 2019 |  | "Lessons Learned from 'Procrastivity,'" International Conference on ADHD (CHADD), Philadelphia, PA. |
|  | Nov, 2019 |  | "Starting an ADHD Specialty Program," Association for Behavioral and Cognitive Therapies (ABCT): ADHD Special Interest Group, Atlanta, GA. |
|  | Apr, 2020May, 2020 |  | “Adult ADHD, Procrastivity, and How You Don’t Do Things (Part 1),” ADHD Coaches Organization, Webinar“Adult ADHD, Procrastivity, and How You Don’t Do Things (Part 2),” ADHD Coaches Organization, Webinar |
| Organizing Roles in Scientific Meetings: |
|  | Mar, 2006 |  | Planning committee for First Annual Penn Autism Network Conference Philadelphia |
|  | Oct, 2006 |  | Chairperson, Attention Deficit Disorder Association regional conference planning committee New York; Philadelphia |
|  | Mar, 2007 |  | Planning committee for Second Annual Penn Autism Network Conference Philadelphia |
|  | Oct, 2007 |  | Planning committee for first annual PENN-CHOP ADHD Conference Philadelphia |
|  | Mar, 2008 |  | Planning committee for the Third Annual Penn Autism Network Conference Philadelphia |
|  | Oct, 2008 |  | Planning committee for second annual PENN CHOP ADHD conference Philadelphia |
|  | Oct, 2009 |  | Planning committee for third annual PENN-CHOP ADHD Conference Philadelphia, PA |
|   |  |  |
| Bibliography: |
|  | Research Publications, peer reviewed (print or other media): |
|  |  | 1. Rostain, A. L., & Ramsay, J. R.: A combined treatment approach for adults with attention-deficit/hyperactivity disorder: Results of an open study of 43 patients. Journal of Attention Disorders 10(2): 150-159, Nov 2006. |
|  |  |  |
|  |  | 2. Ramsay, J.R., & Rostain, A.L.: CBT without medications for adult ADHD: An open pilot study of five patients. Journal of Cognitive Psychotherapy: An International Quarterly 25(4): 277-286, Nov 2011 Notes: DOI: 10.1891/0889-8391.25.4.277. |
|  |  |  |
|  |  | 3. Strohmeier, C., Rosenfield, B., DiTomasso, R.A., & Ramsay, J. R.: Assessment of the relationship between self-reported cognitive distortions and adult ADHD, anxiety, depression, and hopelessness. Psychiatry Research 238: 153-158, April 2016 Notes: doi: 10.1016/j.psychres.2016.02.034. Epub 2016 Feb 17. |
|  |  |  |
|  |  | 4. Allenby, C., Falcone, M., Bernardo, L., Wileyto, P., Rostain, A., Ramsay, J. R. Lerman, C., & Loughead, J.: Transcranial direct current brain stimulation decreases impulsivity in ADHD. Brain Stimulation 11(5): 974-981, Sep-Oct 2018 Notes: doi: 10.1016/j.brs.2018.04.016. Epub 2018 Apr 23. |
|  |  |  |
|  |  | 5. Guntuku, S.C., Ramsay, J.R., Merchant, R., & Ungar, L.: Language of ADHD in adults on social media. Journal of Attention Disorders 23(12): 1475-1485, Oct 2019 Notes: doi: 10.1177/1087054717738083. Epub 2017 Nov 8.6. Serine, A. D., Rosenfield, B., DiTomasso, R. A., Collins, J. M., Rostain, A. L., & Ramsay, J. R.: The relationship between cognitive distortions and adult Attention-Deficit/Hyperactivity Disorder after accounting for comorbidities and personality traits. Cognitive Therapy and Research. https://doi.org/10.1007/s10608-020-10115-2. Epub 2020 May 19. |
|  |  |  |
|  | Research Publications, peer-reviewed reviews: |
|  |  | 1. Ramsay, J. R.: Postmodern cognitive therapy: Cognitions, narratives, and personal meaning-making. Journal of Cognitive Psychotherapy: An International Quarterly 12(1): 39-55, 1998. |
|  |  |  |
|  |  | 2. Ramsay, J. R.: A life of quiet desperation: The case example of Anna. Cognitive and Behavioral Practice 6(1): 73-77, 1999. |
|  |  |  |
|  |  | 3. Ramsay, J. R.: The clinical challenges of assimilative integration. Journal of Psychotherapy Integration 11(1): 21-42, 2001. |
|  |  |  |
|  |  | 4. Ramsay, J. R.: A cognitive therapy approach for treating chronic procrastination and avoidance: Behavioral activation interventions. Journal of Group Psychotherapy, Psychodrama, and Sociometry 55: 79-92, 2002. |
|  |  |  |
|  |  | 5. Ramsay, J.R., & Rostain, A.L.: A cognitive therapy approach for adult attention-deficit/hyperactivity disorder. Journal of Cognitive Psychotherapy: An International Quarterly 17(4): 319-334, 2003. |
|  |  |  |
|  |  | 6. Ramsay, J. R., & Newman, C. F.: After the attempt: Repairing the therapeutic alliance following a serious suicide attempt by a patient. Suicide and Life Threatening Behavior 35: 413-424, 2005. |
|  |  |  |
|  |  | 7. Ramsay, J. R., & Rostain, A. L.: Girl repeatedly interrupted: The case of a young adult woman with ADHD. Clinical Case Studies 4: 329-346, 2005. |
|  |  |  |
|  |  | 8. Ramsay, J. R., Brodkin, E., Cohen, M. R., Ekman, E., Listerud, J., & Rostain, A. L.: "Better strangers": Using the relationship in psychotherapy for adults with asperger syndrome. Psychotherapy: Theory, Research, Practice, Training 42: 483-493, 2005. |
|  |  |  |
|  |  | 9. Ramsay, J.R., & Rostain, A.L.: Adapting psychotherapy to meet the needs of adults with attention-deficit/hyperactivity disorder. Psychotherapy: Theory, Research, Practice, Training 42: 72-84, 2005. |
|  |  |  |
|  |  | 10. Ramsay, J. R., & Rostain, A. L.: Cognitive behavior therapy for college students with attention-deficit/hyperactivity disorder. Journal of College Student Psychotherapy 21(1): 3-20, 2006. |
|  |  |  |
|  |  | 11. Rostain, A. L., & Ramsay, J. R.: Adult with ADHD? Try medication + psychotherapy. Current Psychiatry 5(2): 13-16, 21-24, 27, 2006. |
|  |  |  |
|  |  | 12. Ramsay, J. R.: Comments on the case of Joe. Journal of Attention Disorders 11: 408-409, 2007. |
|  |  |  |
|  |  | 13. Ramsay, J. R.: Current status of cognitive behavioral therapy as a psychosocial treatment for adult attention-deficit/hyperactivity disorder. Current Psychiatry Reports 9: 427-433, 2007. |
|  |  |  |
|  |  | 14. Ramsay, J. R., & Rostain, A. L.: Psychosocial treatments for attention-deficit hyperactivity disorder in adults: Current evidence and future directions. Professional Psychology: Research and Practice 38: 338-346, 2007. |
|  |  |  |
|  |  | 15. Ramsay, J. R., & Rostain, A. L.: Adult ADHD research: Current status and future directions. Journal of Attention Disorders 11: 624-627, 2008. |
|  |  |  |
|  |  | 16. Rosenfield, B., Ramsay, J. R., & Rostain, A. L.: Extreme Makeover: The case of a young adult man with severe attention-deficit/hyperactivity disorder. Clinical Case Studies 7: 471-490, 2008. |
|  |  |  |
|  |  | 17. Weiss, M. D., Safren, S. A., Solanto, M., Hechtman, L., Rostain, A. L., Ramsay, J. R., & Murray, C.: Research forum on psychosocial treatment of adults with ADHD. Journal of Attention Disorders 11: 642-651, 2008. |
|  |  |  |
|  |  | 18. Ramsay, J. R.: Evidence-based psychosocial treatments for adult ADHD: A review. Current Attention Disorders Reports 1: 85-91, 2009. |
|  |  |  |
|  |  | 19. Ramsay, J. R.: CBT for adult ADHD: Adaptations and hypothesized mechanisms of change. Journal of Cognitive Psychotherapy: An International Quarterly 24: 37-45, 2010. |
|  |  |  |
|  |  | 20. Waite, R., & Ramsay, J. R.: Cultural proficiency: A Hispanic woman with ADHD - A case example. Journal of Attention Disorders 13: 424-432, 2010. |
|  |  |  |
|  |  | 21. Waite, R., & Ramsay, J. R.: A model for parental ADHD: Help-seeking and readiness to change. Issues in Mental Health Nursing 31: 793-803, 2010. |
|  |  |  |
|  |  | 22. Waite, R., & Ramsay, J. R.: Adults with ADHD: Who are we missing? Issues in Mental Health Nursing 31: 670-678, 2010. |
|  |  |  |
|  |  | 23. Ramsay, J. R.: Cognitive behavioral therapy for adult ADHD: Case study and commentary. Journal of Clinical Outcomes Management 18: 526-536, 2011. |
|  |  |  |
|  |  | 24. Ramsay, J. R.: "Without a net:" CBT without medications for an adult with ADHD. Clinical Case Studies 11: 48-65, 2012. |
|  |  |  |
|  |  | 25. Ramsay, J. R., & Rostain, A. L.: Adult ADHD as an implementation problem: Clinical significance, underlying mechanisms, and psychosocial treatment. Practice Innovations 1: 36-52, 2016. |
|  |  |  |
|  |  | 26. Ramsay, J.R.: "Turning intentions into actions:" CBT for adult ADHD focused on implementation. Clinical Case Studies 15: 179-197, 2016. |
|  |  |  |
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